

Cardinal College



St. Cletus Parish Center
Tuesday December 4, 2018

***iStrain: What effect do today's tablet's and devices
have on vision and learning?***

Dr. Valerie Kattouf O.D.
Chief, Pediatric Vision Service, Illinois Eye Institute

Do you find yourself asking.....

How much time are kids really spending with media?

How much screen time is reasonable?

Do digital devices affect vision?

What are ways to limit media usage?

**Join us for a night of conversation focused on a topic
that affects all families.**