Preschool E-Learning Plan

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| Day | ELA | Math | Choice Board-  see below (page 5) |
| Day 1 | 1. Read this book:  [Don't Let the Pigeon Stay Up Late](https://www.youtube.com/watch?v=1Uh4LVYvRLc) | [Sorting by Size](https://www.youtube.com/watch?v=4EFLltiMTmk) | Pick 1 language activity off the Choice Board (scroll to bottom to view Choice Board) and 1 other activity of your choice from any column. |
| Day 2 | 1. Read this book:  [Don't Let the Pigeon Stay Up Late](https://www.youtube.com/watch?v=1Uh4LVYvRLc)  2. Ask the following questions as you listen:  What kind of party does the pigeon want?  Why does the pigeon want to stay up late?  What does the pigeon want to count? | [Patterns 1](https://www.youtube.com/watch?v=MBjjxSx45-Q) | Sing/move along with this video:  [If You're Happy | Super Simple Songs](https://www.youtube.com/watch?v=l4WNrvVjiTw)  Pick 1 Social/Functional activity off the Choice Board and 1 activity of your choice. |
| Day 3 | Choose 2 fine motor activities:   1. String beads 2. Play Dough 3. ABC Practice | [Patterns 2](https://www.youtube.com/watch?v=hoFhVdYsmPg&t=65s) | Pick 1 gross motor activity off the Choice Board and 1 activity of your choice. |

The following resources are available to supplement the activities for each day...

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| Read Aloud Books: | [Don't Let the Pigeon Stay Up Late](https://www.youtube.com/watch?v=1Uh4LVYvRLc)  [Additional Read Aloud Books](https://www.storylineonline.net/) |
| Read Aloud Questions | 1. Who?  2. What?  3. What are they doing?  4. What will ahppen next? |
| Math Videos: | [Patterns 1](https://www.youtube.com/watch?v=MBjjxSx45-Q)  [Patterns 2](https://www.youtube.com/watch?v=hoFhVdYsmPg&t=65s)  [Patterns 3](https://www.youtube.com/watch?v=pztRAgQFVec)  [Shapes](https://static.bigideasmath.com/protected/content/mrl/examples/viewer.php?videoRef=19NA00_c11_s01_exa1_int_example)  [Sorting by Size](https://www.youtube.com/watch?v=4EFLltiMTmk)  [Sorting into 3 Groups](https://www.youtube.com/watch?v=vpg--e0pCdE)  [Sorting Objects](https://www.youtube.com/watch?v=O3g12WeHUp0) |
| Phonics/ ABC Videos: | [FUNdations](https://www.youtube.com/watch?v=2MMiie4vNwk)  [Beginning Sounds 1](https://www.youtube.com/watch?v=KxIDkn-YxIE)  [Beginning Sounds 2](https://www.youtube.com/watch?v=cHmFJjQUg9Y)  [Beginning Sounds Slide Show](https://docs.google.com/presentation/d/1DKhqYYBkAhG2BMIJ9wQC_iF51japod9Fr0XNzNj6vbk/edit?usp=sharing)  ABCRock<https://www.youtube.com/watch?v=iSKcUJOF-Dw> |
| Activities to do at home: | 1. Make patterns with blocks or other objects  2. Categorize items by shape, color, size  3. Roll 2 dice and count (use objects to support)  4. Sorting silverware, laundry, groceries (categories)  5.Write your child’s name on blocks and have them build their name <https://www.pinterest.com/pin/733734964268859146/>  6. Bingo dotter spring pictures  <https://www.theresourcefulmama.com/spring-dot-activity-printables/>  Also, please refer to the handout that was sent home the last day of school for additional resources. |
| Social/Emotional Resources | [How You and Your Kids Can De-Stress During…](https://www.pbs.org/parents/thrive/how-you-and-your-kids-can-de-stress-during-coronavirus)  Calm down ideas for kids-  [https://gozen.com/50-calm-down-ideas-to-try-with-kids-of-all-ages/?fbclid=IwAR3GFFFGqIjSkTbHnfG8hyoQXxHMA5GeCx\_t\_BGNuVWKCLSPay7FJFWNJO](https://gozen.com/50-calm-down-ideas-to-try-with-kids-of-all-ages/?fbclid=IwAR3GFFFGqIjSkTbHnfG8hyoQXxHMA5GeCx_t_BGNuVWKCLSPay7FJFWNJOE) |
| Visual supports for home | First/then, visual schedules for home <https://l.ead.me/bbTE3n?fbclid=IwAR3ARHSt8guPYaKfC9kn8yq3Q6YPoCu6rATD4oQyFoZQs2QyEgZcrFK_3xs>  Social Story:  <https://7d227aef-9be2-4e60-8085-179b8ba67113.filesusr.com/ugd/cb0bfb_c7589ab44a434dcbb860cc60bbdd04db.pdf> |
| Fine Motor | 1. String Beads (pipe cleaners or string)  2. Hold a hand full of marbles, transferring one at a time into a container  3. Press cookie cutters into playdough  4.Use stickers to place along longs, shapes, or letters  5. Trace shapes or letters on your child’s back or on the ground in front of them and have them guess what you drew  6. Color, trace, or scribble on paper taped to a wall in front of your child (place newspaper behind it to protect the wall)  7. Pre-writing strokes and tracing: [Prewriting-Activity-Pages.pdf](https://drive.google.com/file/d/1MvEB6q-qXCcs4ibu-gjT4-x46dz52ZoB/view?usp=sharing)  8. Playdough mat for Uppercase letters: [Playdough Letters - Uppercase.pdf](https://drive.google.com/file/d/1fr3IQxT7m-ZrGZTw7tiB1bRFjeSTc8FK/view?usp=sharing)  9. Playdough mat for lowercase letters: [Playdough Letters - Lowercase.pdf](https://drive.google.com/file/d/1VcYm7azPlY32KT6brc9ueztvAKQvU88W/view?usp=sharing)  10. Go on a shape hunt: [Shape-Hunt.pdf](https://drive.google.com/file/d/1-vJEq1r29QNtFNFGsC1HUZeog9Mpy_Ui/view?usp=sharing) |
| Free Apps to Download | Scratch Jr.  Moose Math  Duck Duck Moose Reading  Pattern Shapes  Word Wagon HD  Math Joy  Writing Wizard  Park Math  Magnetic ABC  Puzzle Pop HD  Splash Math  Starfall  ABC Mouse  ABCya  Epic Books  Vooks  Starfall  <https://www.starfall.com/h/>  Username: cnestlinger@d105.net password:dist105 |
| Movement Breaks/Gross Motor | Go Noodle: <https://www.youtube.com/watch?v=dNL6RwymoNg>  <https://www.youtube.com/watch?v=Pwn4beja1QE>  ABC Yoga: <https://www.youtube.com/watch?v=O0Bb5T2-b1A>  Count and Move:  <https://www.youtube.com/watch?v=Aq4UAss33qA>  Listen and Move:  <https://www.youtube.com/watch?v=j24_xH5uvdA>  Exercise Cards: <https://www.teachstarter.com/us/teaching-resource/24-fitness-exercise-cards-us/>  <https://minds-in-bloom.com/20-three-minute-brain-breaks/>  Butterfly Yoga: <https://www.youtube.com/watch?v=oYI0TPJOuGk>  Core Strengthening Exercises:  <https://drive.google.com/file/d/1jH0tVnq_fxezXLCPtMAlfLWBCbf67FqO/view?usp=sharing> |

**Preschool Daily Choice Board**

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| **Functional/ Social** | **Academic** | **Fine Motor** | **Language** | **Gross Motor** |
| Look through old magazines with your child. Have your child point to or cut out faces that represent happy, sad, mad, silly, etc. Make a feeling collage for each. | Count, count, count!  Count the steps in your house, the silverware in the drawer, the plates in the cupboard, etc | Let your child cut a variety of paper (wrapping, construction, brown bag) with a pair of child scissors. Supervise or assist as needed. | Play I Spy (I spy something red, something to eat with, something big, something that starts with the /s/ sound) | Play an imitation game:  make a movement  (jumping, marching,  standing on one foot) and have your child imitate you. |
| Let your child help with chores. Have them set the table, fold socks, wash the dishes. | Review all the colors. Tell your child to hunt for a specific color and see how many things they can find. Can they tell you WHERE they found it? | Squirt shaving cream on a cookie sheet and have your child practice drawing lines, shapes, faces and writing their names | Practice working on concepts by giving your  child directions to put things under, in, on, off, bottom, top, behind, and in front. | Turn on some fun music  and dance!! |
| Play a simple game together like Memory, Pop the Pig, Candyland, etc. Ask your child to tell you whose turn it is for each turn in the game. Model in phrases such as “You did it!”, “Way to go!”, and “That was fun!” during the game. | Have your child find things that are big and little in your house: big lego, little lego, big spoon, little spoon, big doll, little doll. How many big/little pairs can you find? | Practice strengthening  fingers/hands by having your child use kitchen tongs to pick up small items around the house and drop into a bowl | Look at pictures and say what’s happening. Take turns or have your student repeat after you. For example, “He is running.” You can take and use pictures of activities you are doing with your child throughout the day. | Play some games in the house: Ring around the Rosie, Hide and Seek, Hokey Pokey, etc. |
| Play on the floor with your child for 10-15 mins. Help pretend with animals, vehicles, etc. Make the animals talk to each other, act out scenes | Gather items and make a pattern: penny, lego, penny, lego. Can your child continue the pattern? Can you make the pattern harder? | Get out some preschool  puzzles and see if your child can put them together without help. | Describe food during snack time (appearance, texture, taste). | Search “Yoga Time for Little Ones” on Youtube and do some Yoga together! |