

Guidelines for Keeping Students Home from School Due to Illness

Dear Parents,

At St. Cletus we are doing our best to keep the students in school and healthy. Please help us keep everyone healthy by following the CDC guidelines below. Parents must call the school daily if a student is ill.

Your child should NOT be sent to school under the following circumstances:

FEVER: If your child's temperature is 100 degrees or greater, he/she must stay home. Students cannot return to school until they are able to maintain a temperature of less than 100 degrees for 24 hours without the need for anti-fever medication (Tylenol, Ibuprofen, Motrin, Advil, etc.).

VOMITING: Students must stay home until there is no vomiting for 24 hours and they are able to eat a regular diet.

DIARRHEA: Students must have regular, formed stools for 24 hours before returning to school.

RUNNY NOSE: Keep your child home if he/she is unable to control any copious, thick, colored nasal discharge.

PINK EYE/CONJUNCTIVITIS: Your child must stay home until he/she has received the first 24 hours of antibiotic medication.

RASH: Since a rash is a hallmark symptom of many infectious diseases, it is important to identify the cause of a rash. If your child has a rash that cannot be identified, please consult your child's physician before sending him/her to school.

SEVERE SORE THROAT: A minor sore throat may be okay for school, but a severe sore throat could be strep throat, even if there is no fever. Other symptoms of strep throat in children are headache and stomach upset or rash. Call your doctor if your child has these symptoms.

If your child is complaining of not feeling well but has no definite symptoms, send him or her to school. We will call you if something more develops.